MNORN Newsletter MINNESOTA ORGANIZATION October 2022



2022 MNORN Elections



The MNORN Election will begin on November 1st and end November 30th. You will receive an online ballot from Election-America. You will see the Candidate Bios on the ballot, but we decided to print them in this Newsletter so you can see them in advance.

November MNORN Member Meeting

November 1st via Zoom

6:30 PM - social/networking

7:00 - 8:00 PM - program

Mary Jo Kreitzer presenting: Pandemic Recovery: Balancing Reality with Reimagining Our Future

Objectives:

- Explain the concept of organizational mattering and why it matters!
- 2. Identify personal and organizational strategies aimed at reducing burnout and enhancing purpose and meaning in our work.
- 3. Describe ways to engage staff in reimagining a new future.
- 4. Describe leadership qualities and competencies associated with a culture of wellbeing.

RSVP via evite: http:// evite.me/kvE9GR94v7 Also on the ballot will be a polling question, the same one we have asked you for several years now. What topics do you think ANA should include in the 2023 Membership Assembly Dialogue Forums? Your responses to this question are more important than ever, as they will help shape dialogues both at ANA and MNORN.

Voting matters. Thank you, in advance, for taking the time to vote when the ballot arrives in your in-box on November 1st. By doing so, you will help to shape our future.

President



Heidi Orstad

Employment:

Current Position: Clinical Consultant- Marsh McLennan

Previous Position(s):

- Director of Care Integration Methodist Hospital
- Director Case and Disease Management-HealthPartners
- Manager of Operations- Optum
- •Clinical Experience: Geriatrics, Pediatrics, Perinatal Care, Public Health, Case Management

Education:

BSN: University of MN Minneapolis – BSN 1984

Doctorate: University of MN- DNP in Health Innovation and Leadership with a Certificate in Health Care Design 2019

Organizational Experience:

- MNORN: Offices held: President (current), Treasurer, Director, Membership Assembly Representative, Nominating Committee Member, (ANAI Fellow)
- ANA Innovation Committee: member Data Science and AI Committee (current)
- Creative Nursing Journal Editorial Board member (current)
- Children's Health Initiative Board-HealthPartners: board member
- Statewide Health Improvement Partnership –Ramsey County: board member

Areas of Expertise and Interest:

- The wellbeing of the nursing profession. How does the system support nurses on the job as opposed to assigning "wellbeing" as a task to be managed after work?
- Social determinants of health and the need for leaders to consider SDOH data in combination with medical data when making population health decisions.
- The mental wellbeing of our youth. One in three teens reports feeling profoundly sad. One
 in five has a mental health diagnosis. Suicide is the second leading cause of death for
 youth 15-24. I am passionate about this subject and speak publicly to employers/
 employees and communities.
- The importance of data. Day to day, I use data to help employer leaders make data
 informed healthcare decisions for their employee populations. I help these same decision
 makers discover and engage models like the Total Worker Health NIOSH model. One key
 attribute of the above model is that burnout is to be viewed as responsibility of the system
 vs. a problem that lies with the employee to fix.
- Nurses as inter-professional partners with those who make decisions that affect the health
 of people. This can include medical teams, community members, employers, educators,
 policy makers, industry leaders, climate scientists and more.

Candidate's Statement: As MNORN President for the past two years and as a member of MNORN for the last several years in the roles of ANAI Fellow, Director, Treasurer, Nominating Committee Member, and Membership Assembly Representative, I would like to volunteer to serve another term as MNORN President.

It has been exciting to watch MNORN grow in membership and diversity over the past several years from just over 500 members when I first joined to over 900 members in 2022. Unlike some nursing organizations, which represent a single nursing specialty and a largely urban locale, MNORN represents nurses throughout Minnesota of all ages working in many specialties. Our nurses can be found in patient practice, in long-term care, in positions of leadership, in academia, in industry, working in industries such as insurance or engineering, enjoying retirement and more. This diversity or experience is what gives MNORN its strength; MNORN members reflect the nurses with whom they work, their patients, and the citizens of Minnesota's many communities.

In light of the COVID pandemic, MNORN pivoted to provide consistent member meetings in a virtual meeting format. The virtual meetings format allowed MNORN colleagues to meet members from all over the state, many of whom were previously unable to travel to the city for our regular gatherings. The meeting format also allowed MNORN nursing professors to invite students should the content be relevant to their coursework and to engage speakers from other regions of the country virtually. I look forward to embracing the virtual meeting model while also working with the board to plan an engaging annual in person event in 2023.

Last, I am grateful to have been part of MNORN in 2022 when our MNORN members made their positions clear on topics related to Racism in Nursing, Safe Staffing and Climate Health. Representing our members at the ANA Membership Assembly and watching policies we voted to affirm move forward was a moment of sincere pride as your President.

Second Vice President



Colleen Quesnell

Employment:

Current Position: Certified Nurse Midwife at HCMC

Previous Position(s): CNM at Fairview Ridges, Burnsville MN. WHNP at Health Partners Saint

Paul, MN. WHNP North Clinic -Maple Grove MN

Education:

Diploma: Presbyterian School of Nursing

BSN: University of North Carolina, Charlotte

Doctorate: University of Minnesota, Twin Cities

Organizational Experience:

• MNORN: 2nd Vice President (current)

 American Nurses Association: Committee Member 4th Ed. Nursing: Scope and Standards of Practice

- MN Nurse Practitioner Organization: Secretary (current)
- Saint Paul School -L'Etoile du Nord : Site Council Secretary and President

Areas of Expertise and Interest: Women's Health is my main area of expertise. I also work as an Adult Nurse Practitioner in Adult Health as a medicine provider for the inpatient psychiatric population at HCMC. I am interested in reproductive justice, medical ethics and am learning how to advocate for public policy that serves people.

Candidate's Statement: MNORN is an organization that supports nurses in MN. Serving the last term has allowed me to partner with like minded people and organizations to promote change. I hope to continue to learn nursing advocacy and serving another term will allow for my continued growth in this area.

Secretary



Celeste Knoff

Employment:

Current Position: Full-time faculty at Inver Hills Community College

Previous Position(s):

- Manager, Education & Operations for Ambulatory Care, HealthPartners
- Education Specialist, Gillette Children's Specialty Healthcare
- Assistant Professor, St Catherine University
- Clinical Administrator, Presbyterian Homes, Norris Square
- Geriatric Case Manager, Matrix Advocare Network

Education:

BSN: South Dakota State University, Brookings SD, 1984

Masters: MBA: University of Nebraska-Omaha, Omaha NE, 1990

MAN: St Catherine University, St Paul MN, 2012

Organizational Experience:

- MNORN: Board Secretary (current)
- East Side Evolution-Plant Based Community Office Held: Pod Leader (current)
- South Suburban Adult Basic Education Office Held: Teacher Assistant (current)
- St Thomas Aquinas: Social Justice Commission chair

Areas of Expertise and Interest:

- Plant-Based Nutrition Certificate, Completed (March, 2021), T.Colin Campbell Center for Nutrition Studies and eComell
- Certified Rehabilitation Nurse
- Inventor of the TyMed™ Wheel, patented in 2016
- Authored article for Online Journal for Issues in Nursing (OJIN). Publication date January 2019
- Presented "Health Coaching for Care Teams" at 2019 AAACN conference in California

 Presented "Nursing Competencies: How to Create a Working System for your Organization" at South Dakota Association of Healthcare Organizations (SDAHO) Nursing Leadership Conference on Sept 22, 2021

Candidate's Statement: Having served in this position for the current term, I now have an even better understanding of the importance of the MNORN nursing community. The networking, the sharing of ideas, and the collaboration towards projects that impact nursing and healthcare overall have been Invaluable to me. More importantly, I believe the collective voice of this group of nurses has and will continue to support and influence relevant issues in healthcare. Being able to serve on the board as the Secretary allows me to give back to this community in some small way. If also enables me to play a larger role in what this organization can do so support our nursing colleagues and by design, the communities in which we serve.

I would be honored to continue to serve in the role of Secretary for another term.

Director



Alexandra Bates

Employment:

Current Position: Performance Improvement Advisor

Previous Position(s): ICU/PCU Nurse, Nurse Manager

Education:

BSN: Bachelor of Arts in Public Health from UC Berkeley, Berkeley, California

Masters: University of San Francisco, San Francisco, California

Doctorate: Yale University, Orange, Connecticut

Organizational Experience:

MNORN: Director (Interim) (current)

Areas of Expertise and Interest: Quality improvement, Hospital-acquired infections, change management

Candidate's Statement: For the past year, I have served as an interim Director on the MNORN Board of Directors. I hope to continue serving in the Director role to assist with carrying forward the mission of organization, which is to lead our profession to shape the future of nursing and health care.

This past year has been a great development opportunity for me, as I learned more about the structure of our state association and how it connects to the larger American Nurses Association enterprise. It was particularly helpful to see that they ask for our input when it comes to organizational priorities and advocacy for the profession.

If elected, I hope to spend the next two years working towards growing our membership. I'd like to see more involvement from nurses in greater Minnesota, and I'd like to ensure we have diversity in our membership to bring in new perspectives and ideas.

I'd also like to focus more on connecting with our members and understanding what they hope to gain from being members of this organization. There have been several opportunities to connect with peers at virtual guest speaker events, but it'd also be great to hold an in-person event again.

Director



Jeanine Gangeness

Employment:

Current Position: Associate Vice President and Graduate Dean, Winona State University

Previous Position(s): Dean of School of Nursing (Bemidji State University and Northwest Technical College); Faculty at both BSU and NTC; Public Health Nursing, Cass County Public Health, and RN at Riverside Medical Center, Minneapolis.

Education:

ADN: Northland Community and Technical College

BSN: University of North Dakota

Masters/Doctorate: University of North Dakota

Organizational Experience:

- Greater Rochester Advocates for Universities and Colleges (GRAUC): President (current) and board member
- Rochester Downtown Alliance: President
- Sigma Theta Tau/ WSU: Governance Committee (current)
- Rotary: Programs, board member

Areas of Expertise and Interest: Leadership, public health, higher education.

Candidate's Statement: I am deeply interested in supporting the MNORN mission, engaging with other nursing professionals, advocating for the profession, our work in healthcare, the importance of leadership during this time in our world, and ensuring education is supported, whether through higher education, continued education workshops, and mentorship.

Director



Kris Thooft

Employment:

Current Position: Nurse Consultant- Joint Commission Resources Inc.

Previous Position(s): Nurse Administrator- Mayo Clinic Health System

Education:

BSN: Minnesota State University, Mankato

Masters: Bellevue University, Nebraska (MA in Leadership)

Doctorate: Georgetown University, Washington D.C.

Organizational Experience:

- MNORN: Director (current)
- Mu Lambda chapter of Sigma: Leadership Succession Chair (current); President;
 President-elect; Secretary
- Blue Earth County Human Services Advisory Committee Member (current)

Areas of Expertise and Interest: Nurse staffing, workload/acuity, workforce management, describing the business case for nursing care, data/information science

Candidate's Statement: Now more than ever, nurses' voices need to be heard by the public and legislative decision-makers. I feel that I'm in a unique position with my background, experiences, and network to amplify those voices and bring attention to the needs of the nursing profession, patients, and healthcare systems.

Director



David Walz

Employment:

Current Position: Senior Director - Women's & Newborn Health

Previous Position(s): Director – CentraCare Kidney Program

Education:

BSN: St John's University, Collegeville, MN

Masters: St Cloud State University, St Cloud, MN

Organizational Experience:

American Nephrology Nursing Association (ANNA): National Past-President (current);

National President: National President-Elect; National Treasurer

 Midwest Kidney Network: Executive Board Member & Finance Committee member (current)

Areas of Expertise and Interest: Nursing, Leadership, Finance, Strategic Planning & Health Policy. Interests include my family, travel, cooking, wellness, and all sports

Candidate's Statement: I am currently finishing my last year on the Board of Directors with ANNA (American Nephrology Nursing Organization) - this will allow more time for me to be involved in other organizations such as MNORN. The Director position aligns with my interests in getting to know MNORN better, along with helping broadly.

Director



Misty Wilkie

Employment:

Current Position: Clinical Associate Professor, University of MN School of Nursing

Previous Position(s): Professor of Nursing at Bemidji State University; Temporary/PT Adjunct

Faculty at MN State Community & Technical College

Education:

ADN: Hibbing Community College, Hibbing MN

BSN: Bemidji State University, Bemidji MN

Masters: University of North Dakota, Grand Forks ND

Doctorate: University of Minnesota, Minneapolis MN

Organizational Experience:

• Special Medical Advisory Group U.S. Department of Veterans Affairs: member (current)

• American Academy of Nursing Diversity, Equity, & Inclusivity Committee: member

AACN Diversity, Equity & Inclusion Leadership Network: member (current)

National Alaska Native American Indian Nurses Association: Immediate Past President;
 President; Vice President

• Association for Multicultural Affairs in Transplantation: Board of Directors member

Areas of Expertise and Interest: Successful strategies to support underrepresented nursing students; American Indian/Alaska Native health and health inequity; higher education; organ donation and transplantation in American Indians/Alaska Natives; diversity, equity, and inclusivity in health care and higher education.

Candidate's Statement: As one of the few American Indians with a PhD in nursing, I firmly believe that representation matters. I would like to be a voice and advocate for nurses from underrepresented and minority backgrounds. Active involvement is the only way we can influence policy and create necessary change.

Nominating Committee



Ozioma Okorosu

Employment:

Current Position: Rehabilitation registered nurse

Previous Position(s): Charge nurse, preceptor, and night supervisor

Education:

ADN: Abia State teaching Hospital, Aba, Abia State, Nigeria

Diploma: Midwifery: Okezie's School of Midwifery, Abiriba, Abia State, Nigeria

Diploma: Pediatric: Post basic Pediatric Nursing School, Lagos University Teaching Hospital,I

Idi-Araba, Lagos, Nigeria

BSN: Bethel University, St Paul, Minnesota (with public health nurse

certificate)

Masters: University of Phoenix; Master of Nursing and Master of Business Administration/

Healthcare Administration

Doctorate: Post University, Waterbury Connecticut, USA. 2019 - present. Degree: Doctor of nursing practice (DNP) nurse executive leadership

Organizational Experience:

Minnesota Nurses Association: Racial and diversity committee (current)

Areas of Expertise and Interest: Nominating committee

Candidate's Statement: I want to be part of MNORN by serving in a position that will help improve the profession through election of leaders.

Nominating Committee



Kristy Reinke

Employment:

Current Position: Chief of Education and DLO at the Prescott VA in Prescott Arizona Since April 2022

Previous Position(s): Patient Safety Manager at the VA in St. Cloud Minnesota. 8 years

Education:

Licensed Practical Nurse: Alexandria Technical College

ADN: North Hennepin Community College Brooklyn Park Minnesota

BSN: University of Phoenix Arizona

Masters: St. Xavier University Chicago Illinois

Organizational Experience:

Camp Odayin Cardiology Camps (summer and winter): Camp Nurse (current)

- Relay for Life in Becker Minnesota: Volunteer
- Prairie Seeds Academy, Brooklyn Park MN: School Board Member
- Epilepsy Foundation St. Cloud MN: Volunteer

Areas of Expertise and Interest: I have 29 years of nursing experience. My experience ranges from; Chief of Education, Patient Safety Management, Clinical Education, Supervisor of critical access hospital, Surgery, Nursing home care, Medical/Oncology, Pediatrics and NICU experience for the Hospital and Nursing Home combined. I previously was the Patient Safety Manager up until April of this year and investigated all patient incidents throughout the facility and report to the Senior Leadership daily. I was a Manager/Supervisor for Obstetrics and Women's Health at New River. I display very strong leadership skills. I lead the development of Shared Governance here at the St. Cloud VA. I have designed and managed the Share Point sites for the facility. I have developed the clinical orientation, transition to practice and preceptor programs at the St. Cloud VA and New River Medical Center along with coordinating skills days, bringing in external education to our staff and developing education programs internally. I promote and work very hard to improve patient satisfaction to both internal and external customers. Communication skills are one of my strongest assets. I have developed customer service training and presented to the district along with vulnerable adult training. I developed and monitored competencies for both clinical and non-clinical areas.

Candidate's Statement: With my 29 years of nursing experience, I feel I would be a great asset to this office! I have held many leadership positions and have become a mentor to many nurses over the years. Networking and communication are one of my strong points which is essential for a position like this along with the ability to stand in front of large crowds and present. I have over 10 years of education experience and love to help nurses learn best practice and use their critical thinking skills. I am a nurse leader who is committed to integrity, mentorship, and dedication to excellence.

On a mission to create a learning environment where knowledge is created and shared, I am focused on improving and providing oversight for the development, direction, and coordination of all continuing medical education activities. I feel I would be an excellent fit!



The Criminalization of Nursing Errors: What Nurse Leaders Can Do to Ensure Patient Safety, Support Staff, and Promote a Just Culture

An all-new, free On-Demand Webinar by Edie Brous, JD, RN.

An on-demand viewing link will be emailed to all registrants on or about November 2, 2022.

In today's challenging health care environment, with high pandemic-induced nurse burnout and moral injury along with staffing shortages, adverse events and near misses are not uncommon. The recent case of RaDonda Vaught, who was found guilty and sentenced to three years supervised probation after mistakenly administering the wrong medication that killed an elderly patient, makes it clear that nurses can be prosecuted and face the risk of being imprisoned for errors. The efforts to develop a just culture within which nurses trust that they can and should report errors without blame are now in danger of weakening or being abandoned.

As a nurse leader, you are in a pivotal position to support your staff, promote safer systems, and develop a just culture within your organization.

Attendance is **FREE** for both ANA members and non-members.

Click the link below to register:

https://event.on24.com/wcc/r/3973498/8FE3EF5358AA54FC069A1207D6855589

Registration is required for all viewers, including individuals and groups.*

After registering, you may watch this webinar anytime, anywhere as many times as you like. To continue to provide free programs on important topics, we ask that all viewers register prior to viewing.

This 90-minute, on-demand webinar is presented by the outstanding speaker, nurse attorney and advocate, **Edie Brous, JD, MS, MPH, RN.** Topics covered include:

- Past cases of nurses being criminally charged: Will this continue to happen?
- What nurse leaders need to know about the licensure implications of criminal charges and clinical error
- victims: How to support your staff using a trauma-informed approach
- How to use the Just Culture approach to adverse event analysis
- Hiring considerations in nurses with a conviction history

 Potential liability for nursing managers: negligent hiring, negligent supervision, negligent retention, staffing, fraud, neglect/cruelty/abuse/exploitation, falsification of records, failure to report

Strategies to reduce liability

Don't miss this webinar!

Who should attend: Nursing Leaders in all practice setting

Important information: A viewing link will be emailed to all registrants on or about November 2, 2022, so you may view the on demand webinar at your convenience. Register now to receive 24/7 access to this webinar. Registration closes on December 16, 2022 at 1 pm ET. How criminally charging nurses for an error undermines patient safety and nurse retention

Please join us for this valuable webinar! This program is informational only; no CNE is being awarded.

*Questions or group attendance requests:

Please email anamembershipwebinars@ana.org

Please forward this email to interested nurse colleagues.



Welcome to the new and improved OJIN!

We're pleased to debut the new and improved web experience for OJIN: The Online Journal of Issues in Nursing with the September 2022 Topic, Addressing Disabilities in Healthcare.

The fresh look, feel, and functionality of the OJIN website on nursingworld.org aim to enhance your reading experience. The redesigned OJIN site also showcases the high quality, peer reviewed, scholarly OJIN content you've come to rely upon and value. On the new website, you'll continue to find all 25+ years of OJIN content along with these enhancements:

- More dynamic presentation and visibility of content
- Enhanced navigation
- The ability to print, share, and save pdf versions of articles

OJIN is a peer-reviewed, online publication that address current topics affecting nursing practice, research, education, and the wider health care sector.

Editorial Staff:

Jackie Owens, PhD, RN, Editor-in-Chief

The new platform also will allow ANA to better measure and understand readers' interests and preferences. This will inform and enable growth and continuous improvement.

Additionally, the technology enables ANA more efficiently to support and preserve the full catalogue of OJIN Topics—and its unique structure that provides current and historical context for nursing issues—now and into the future.

As always, the new topic is accessible to ANA members only until the next topic is published in the scheduled months of January, May, and September.

We hope you enjoy the new OJIN experience. Take a look around and let us know what you think by sending an email to OJIN Editor at ojin_jackie_owens@sbcglobal.net. Happy reading!

ANA and the OJIN Editorial Team

CURRENT TOPIC: ADDRESSING DISABILITIES IN HEALTHCARE

VOLUME 27, NO. 3

The seven new articles in the September OJIN topic, **Addressing Disabilities in Healthcare**, discuss both nurses who have disabilities and caring for persons with disabilities.

- An embedded case study on care for older adults with autism spectrum disorder based on evidence and experiences related to functionality, comorbidities, and familycentered care.
- A team approach to the care of students with disabilities in schools explored through a
 case study and how statutes requiring a free and appropriate public education were
 applied.
- A comparative analysis of guiding documents on inclusive language guidelines from national organizations, including recommendations for healthcare providers.
- Approaches and recommendations to encourage inclusion and value of people with a disability in nursing education and practice.

 A summary of the outcomes of scholarship promoting health equity and social justice in response to health disparities facing people with intellectual and developmental disabilities.

- Findings from a qualitative research study that explored the specialist role of the community learning disabilities nurse to support access to secondary healthcare.
- Global nursing actions to reduce health disparities and the context, access, and service delivery concerns for people with intellectual and developmental disabilities.

Visit <u>ojin.nursingworld.org</u> to access the new topic, which is members-only, after logging in to <u>nursingworld.org</u>. This topic will be available to all viewers after Jan. 30, 2023.

Articles on Previously Posted Topics and Columns are available to all viewers.



The Shocking Truth

About Job-Related Issues Leading to Suicide Amongst Nurses



Judy Davidson, DNP, RN, MCCM, FAAN, nurse scientist at the University of California San Diego



Marie Manthey, PhD (Hon.), MNA, FAAN, FRCN, founder and president emerita of Creative Health Care Management consultation company The Interconnectedness of Substance Use Disorder & Suicide Amongst Nurses

Virtual Continuing Education Monday November 7, 2022 6:00pm - 7:30 pm CST Open to all nurses https://www.npsnetwork-mn.org/

FREE 1.5 CEU Hours:

Scan to Register

